

SHAREABLES **SNACKS FOR SHARING
(AND NOT JUST ON THE ‘GRAM)**

HERBED FALAFEL & DIPS **(V)**
lemon yogurt, edamame hummus, pickled red onions, grilled pita, fresh herbs **11**

EDAMAME HUMMUS **(V)**
edamame, chickpeas, green peas, fresh herbs, olive oil, gilled pita, crispy tortillas **10**

GIANT PRETZEL **(V)**
mustard & dill ranch, beer cheese sauce **9.5**

CRISPY GREEN BEANS **(VG)**
tempura green beans, spicy vegan mayo, nori, toasted sesame seeds **11**

LETTUCE WRAPS
iceberg lettuce cups, red bell peppers, spicy korean bbq sauce, puffed rice noodles, cilantro, lime, crispy wontons
select from:
sautéed chicken **16**
marinated tofu **14 (VG)**

SPICY PORK BUNS
3 steam buns, chili-ginger pork, pickled carrot, aioli, radish, cilantro **15**
extra bun 5

3 CHEESE ARTICHOKE DIP **(V)**
grilled pita, corn tortillas, crispy kale **14**

JUMBO CHICKEN WINGS **(R|R)**
8 pieces **14.5**
12 pieces **21**
select from:
sweet heat
smoky chipotle bbq
honey lime
medium buffalo

CLASSIC NACHOS **(V)**
crispy tortillas, 4 cheese blend, beer cheese sauce, guacamole, jalapenos, house salsa, green onion, lime crema, cilantro **15**
add pulled chicken 4
add pulled pork 4

CALAMARI **(R|R)**
spicy aioli **15**

CRISPY CHICKEN BITES
chipotle bbq sauce **15**
add buffalo & blue cheese 1

FRESH & LIGHT **FULL FLAVOUR,
LESS GUILT**

FIRE ROASTED POBLANO SOUP **(V)**
sour cream, crispy tortilla strips, cilantro **9**

RAINBOW BOWL **(VG)**
avocado, spiralized zucchini, squash, carrot and beet, edamame, crunchy chickpeas, sunflower seeds, cilantro, radish, red onion, ginger dressing **14**

ROASTED BEET & RICOTTA **(V)**
herb-whipped goat ricotta, baby kale, smoked almonds, sherry vinaigrette, grilled pita **13**

CLASSIC CAESAR
bacon, romaine, house caesar dressing, grana padano, salted pretzel croutons **13**

POWER UP
half avocado **6**
grilled chicken **8**
grilled atlantic salmon **11**
grilled flat iron steak **11**
grilled shrimp skewer **9**

GRILLED SALMON **(GF)**
baby kale, market greens, sun-dried tomatoes, preserved lemon yogurt dressing **19**

CHICKEN COBB **(GF|R|R)**
roasted chicken, baby kale, romaine, avocado, bacon, soft boiled egg, cheese curds, corn, grana padano, cucumber, radish, mustard dill ranch **18**

WOOD-FIRED PIZZA **FLAME-COOKED TO CRISP,
MELTY PERFECTION**

MARGHERITA **(V|R|R)**
fior di latte mozzarella, tomato sauce, basil, maldon salt **14.5**

SUPER GREENS **(V)**
herb and garlic base, artichoke, zucchini, green olive, roasted tomato, feta, fresh oregano, arugula **16.5**

THE G.O.A.T
roasted chicken, goat cheese, pesto cream sauce, fresh basil, arugula, lemon **16.5**

NAHM NAHM NAHM
spicy pork sausage, fresh mozzarella, chili-pickled carrots, basil, cilantro, scallion, lime, mayo **17.5**

PEPPERONI
fresh mozzarella, tomato sauce, grana padano **17.5**
double pep 4

BUTCHER’S DAUGHTER
pepperoni, pulled pork, crispy bacon, tomato sauce, basil, arugula, lemon **17.5**

FIRED-UP SPECIALTIES **HOT OFF THE GRILL**

all dishes come with creamy mashed potatoes and oven roasted seasonal vegetables

MAPLE BABY BACK RIBS **(GF)**
chipotle bbq sauce
6 bones **19** | 9 bones **27**

8 OZ. BASEBALL SIRLOIN **(GF)**
hollandaise sauce **29.5**

HERB RUBBED ATLANTIC SALMON **(GF)**
preserved lemon yogurt **26**

8 OZ. FLAT IRON STEAK **(GF)**
hollandaise sauce **25**

10 OZ. N.Y. STRIPLOIN **(GF)**
hollandaise sauce **35**

LOADED ZUCCHINI **(V)**
pomegranate, feta, herb salad, preserved lemon yogurt **17**

ADDITIONS
to amp up your meal

MARKET GREEN SALAD **4 (VG|GF)**

JASMINE FRIED RICE **4 (VG)**

QUINOA & EDAMAME **5 (VG|GF)**

GRILLED SHRIMP SKEWER **9**

MAC & CHEESE **6 (V)**

CLASSIC POUTINE **6 (V)**

HOUSE CUT FRIES **4 (VG)**

ROASTED BABY POTATOES **4 (VG|GF)**

HANDHELDS **A HANDS-ON
EXPERIENCE**

ABC BURGER
fresh ground AAA canadian beef patty, guacamole, smoky bacon, goat cheese, spicy aioli, shredded lettuce, toasted brioche bun **17**

THREE10 BURGER
two fresh ground canadian AAA beef patties, pickles, brioche bun, The Rec Room sauce **16**
add cheddar, bacon or fried egg 2

SALMON AND AVOCADO SANDWICH
house spice blend, pickled red onion, arugula, preserved lemon yogurt, grilled pita **18**

all handhelds come with a choice of market greens or house cut fries

GRILLED CHICKEN CLUB
schiciatta bread, bacon, lettuce, tomato, bacon aioli **16.5**

PULLED PORK SANDWICH
slow-roasted pork shoulder, smoky chipotle bbq sauce, coleslaw, red onion, cilantro, brioche bun **16.5**

FRIED CHICKEN SANDWICH
hand-breaded chicken, shredded lettuce, ranch aioli, brioche bun **17.5**

SPICY CHICKEN SANDWICH
hand-breaded chicken, harissa hot sauce, shredded lettuce, ranch aioli, brioche bun **17.5**

KNIFE & FORK **HEARTY FAVOURITES
& NEW FLAVOURS**

KALE PESTO BOWL **(V)**
house made pesto, bucatini pasta, gremolata, grana padano **16**
substitute gluten-free penne 2

SHRIMP & SALMON PASTA
shrimp, atlantic salmon, penne pasta, grape tomatoes, spinach, garlic cream sauce **23**
substitute gluten-free penne 2

MAC & CHEESE **(V)**
mozzarella, provolone, parmesan, gouda, pretzel crumbs **17**
add bacon 3

POWER UP
grilled chicken **8**
grilled atlantic salmon **11**
grilled shrimp skewer **9**

CRISPY TOFU BOWL **(VG|GF)**
ginger soy tofu, fried jasmine rice, chili pickled carrot, edamame, green beans, pickled red onion, radish, cilantro **16**

ROASTED CHICKEN
market greens, house cut fries, black pepper gravy
¼ dark meat **17**
¼ white meat **18**
¼ chicken **23**

BBQ KALBI SHORT RIBS
grilled miami short ribs, korean bbq glaze, fried jasmine rice, kale, crispy chili sauce **25**

ATLANTIC COD FISH + CHIPS
beer-battered cod, slaw, house cut fries, mustard caper dill sauce
1 piece **17**
2 pieces **23**

SOMETHING SWEET **THERE’S ALWAYS ROOM**

SALTED CARAMEL CHEESECAKE **(V)**
N.Y. style cheesecake, salted caramel, whipped cream, graham crumble **9**

WARM CHOCOLATE CAKE **(V)**
molten center, vanilla ice cream **9**

MINI CHOCOLATE CRUNCH **(V)**
dark chocolate custard, cookie crumble, caramel, pretzel bites **3**

STRAWBERRY CHEESECAKE SUNDAE **(V)**
vanilla ice cream, strawberry compote, lemon pound cake, whipped cheesecake, toasted graham crumb **9**

¹Maximum of one \$5 Game Tag per day. Offer is subject to change or expiry without notice. Additional restrictions may apply. Ask server for details.

Applicable taxes extra. Please notify your server of any allergies or dietary restrictions and we can guide you through our menu. For groups over 8 or more, please note that 18% gratuities will be automatically applied.

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OR KNIFE & FORK ITEM.†